

# Sex and How It Affects Our Health, Mind, and Life...



## For Better or Worse

**Dr. Joe Malone**  
Speaker Author Mentor

### TESTIMONIALS

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*Dr. Malone's workshops are "interesting, engaging, and include some fun. He gets on our level and doesn't talk above our heads."*



– **Jen Yates**  
Alpha Delta Pi  
Collegiate  
Province  
Director

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*"You always have a wonderful presentation, and this one blew me away. Your statistics were wonderful, and I think you got the girls thinking. Thank you!"*



– **Emily Rose Burke**  
ADPI Education  
Vice President,  
2015

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*"Dr. Malone's guidance and knowledge are sincere and practical. We all must face ourselves in the pursuit of love and happiness. However, armed with the tools in Battle of the Sexes, we all have a clear advantage in achieving self-mastery and romantic success and longevity."*



– **Austin Ellis**  
Musician,  
NBC's The Voice  
Season 6

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## "Sexual wellness is sexual integrity, and the science proves it."

**Dr. Joe Malone** addresses the challenging social topic of sex in our culture and lives through the lens of sexual wellness, sexual integrity, and science. In modern culture, sexual views and opinions have been weaponized to push cultural shifts and agendas. Malone equips his audiences to fight back with information and facts based on science.

The internationally known author and speaker brings over 30 years of expertise in the education and speaking industries addressing the tough topics of sexual health and wellness. Malone's counter-cultural research, findings, and teaching help inform and empower men and women with an understanding on sex, how it has been used in culture as a weapon, and how the proper perspective on sex will lead to a healthier life physically, emotionally, and spiritually.

His cutting-edge book, *Battles of the Sexes: Raising Sexual IQ to Lower Sexual Conflict and Empower Lasting Love* (2018), continues to draw rave reviews.

**DR. JOE MALONE** holds a Ph.D. in Health and Human Performance with a minor in neuropsychology and a specialization in women's health and sexual wellness. Malone taught at Middle Tennessee State University from 2005-2017. He has guest lectured at Vanderbilt, Princeton, and other major universities.

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### INTERVIEW OPPORTUNITY

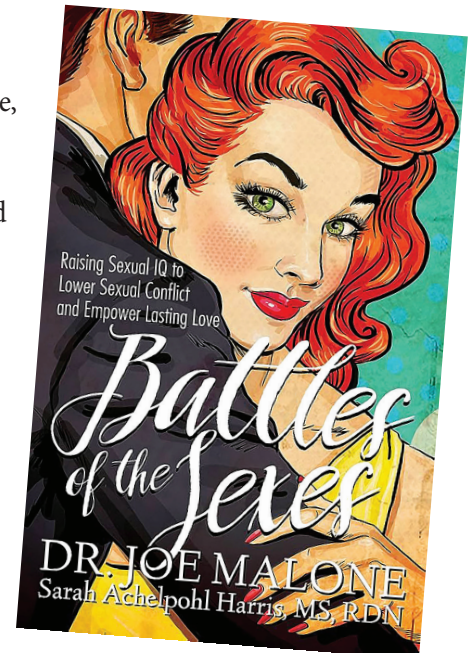
**Dr. Joe Malone; Ph.D., CPT, LWMC, CFE**

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### MEDIA ASSETS

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