



# Educating and empowering Catholic parents on the purpose and gift of personhood

## TESTIMONIALS



*“It is so important for parents to discuss these things with their child (and for the parent even to know this stuff!) The material is age-appropriate, and I love how each issue begins with the main point to get.”*



– **Dr. John Wood**  
Catholic Author  
& Speaker



*“I commend you on your vision, direction, and all the work you have done!”*



– **Fr. Matt Libra**  
Archdiocese of  
Portland, Oregon



*“As a mom who discovered TOB when my children were in middle/high school, I’ve always felt I wasn’t equipped to properly form and educate my own children. Now as a grandmother, I’m thankful for what I’ve learned and for fun, easily accessible materials from TOBPS to share with our grandchildren and aid in their formation.”*



– **Donna Burry**,  
Family Renewal  
Project



**Imprimatur given to TOB Monthly on May 22, 2023.**



– **Most Reverend Alexander K. Sample**  
Archbishop of  
Portland, Oregon

## SCHOOL IS IN... and a new resource is giving parents a boost

**Theology of the Body Parent School** is a must-have resource for Catholic parents

With children across the nation already starting school, Catholic parents are concerned about their children’s physical and spiritual well-being.

Every fall, millions of American Catholics entrust their children to public schools — which were once reliable to protect children’s sense of dignity, purpose, and overall security.

However, as the culture degenerates into dangerous and destructive ideologies and trends, children are at risk, and parents are silenced.

**Theology of the Body Parent School (TOBPS)** is helping Catholic parents take back their children’s hearts and minds.

TOBPS strives to educate and empower parents to reclaim their rights and responsibility as their children’s first and most formative teachers, especially in personhood, identity, and sexuality. The curriculum includes user-friendly mini-magazines (TOB Monthly) that teach Pope St. John Paul II’s Theology of the Body.

TOBPS materials are **Fun, Formative, and Faithful**. They’re designed for five different age groups between the ages of 2-22 in English and Spanish for parents and kids to learn together.



**TOB PARENT SCHOOL** educates and empowers parents to reclaim their rights and responsibility as their children’s first and most formative teachers, especially in personhood, identity, and sexuality. Founded in 2020, TOB Parent School has grown to a team of 10 with a robust and expanding Theology of the Body curriculum for busy Catholic families.

**LINDSAY CARON** founded TOB Parent School in 2020. She holds degrees

in anthropology (BS), education (MA), and Catholic school leadership (MA). She utilized the support of theologians, doctors, psychologists, lawyers, graphic designers, and business developers to create TOB Monthly, the primary publication of TOB Parent School. Lindsay has three boys and a passion for organizing places and spaces for TOB-minded living.

**THE THEOLOGY OF THE BODY** is John Paul II’s integrated vision of the human person. The human body has a specific meaning, making visible an invisible reality, and is capable of revealing answers regarding fundamental questions about us and our lives. “The human body includes right from the beginning... the capacity of expressing love, that love in which the person becomes a gift – and by means of this gift – fulfills the meaning of his being and existence.” ~ John Paul II.



## INTERVIEW OPPORTUNITY

**Lindsay Caron**,  
Founder

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## MEDIA ASSETS

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[tobparentschool.org](http://tobparentschool.org)



**Lindsay Caron**  
Founder

